

Hale o Honolulu

The Honolulu Clubhouse is a unique member-driven psychosocial rehabilitation program for adults living with serious and persistent mental illness.

Within a supportive environment, program participants (members) are offered a multitude of services to promote self-growth, enhance self-esteem, increase self-confidence, develop and sustain meaningful relationships as well as improve their quality of life.

Program Philosophy

Hale o Honolulu is a voluntary program where members build on their strengths and capabilities as they journey from isolation and dependence to becoming more self-sufficient and socially active.

Hale o Honolulu guarantees its members:

- The right of a place to come.
- A right to meaningful relationships.
- A right to meaningful work.
- And a place to return.

Referral Process

Individuals with a mental illness may be referred to Hale o Honolulu by calling the *Access Line* at 832-3100 and ask for clubhouse admission. Each new member will complete an orientation session in which the member will have the opportunity to work in the units and attend social recreation activities. At the completion of an

orientation period, the member will choose a primary staff and a work unit. An individual rehabilitation plan will then be developed with the new member and the primary Clubhouse staff person. The member is a full partner in their rehabilitation and recovery.

Working Together

Staff and members engage in a work-ordered day component at the Clubhouse, in which they work side by side and equally share the responsibilities of its daily operation. Members engage in one of the three work units of their choice. In the food service unit, daily breakfasts and luncheons are planned and prepared. The snack bar serves a variety of food and beverages. In the clerical unit, a variety of clerical skills such as answering the phone, using the computer, writing a newsletter, and record keeping, etc., are performed. In the thrift shop, clothing and miscellaneous household items are cleaned and sorted. Members can also contribute to administrative functions, such as policy writing, public relations, advocacy/educational activities, program evaluation, and research.



Vocational Services

Hale o Honolulu provides its members with opportunities to work in business and industry through Transitional Employment (TE).

Members work part-time and are paid the minimum wage or higher. TEs provide an opportunity for learning, improving work skills and building stamina. Members regain self-confidence. Members are also supported in obtaining and maintaining independent employment. Monthly dinner celebrations and weekly meetings provide support and a forum to share issues and solutions pertaining to work.

Supported Education

Hale o Honolulu members are encouraged to pursue vocational, GED preparation, or post secondary training.

Social Recreation



Members plan and organize social activities to promote a sense of *ohana* and friendship. Activities may include bowling, camping, movies, cultural and community events. Also competitive sport tournaments and UH sport events such as football and volleyball. The social activities are held in late afternoons, evenings, or weekends. Members are encouraged to utilize community recreational resources, and independently engage in leisure activities together.

The Clubhouse model

The clubhouse model began in 1948 in NYC by a group of mental patients that started Fountain House. Today, there are more than 350 clubhouse programs in over 36 countries around the world.

The Honolulu Clubhouse was founded on November 16th, 1998. The name and the logo were chosen by the members.

MISSION STATEMENT

The Hale o Honolulu is a comprehensive psychosocial program that offers rehabilitative services to adults seeking mental wellness. The Hale o Honolulu is a place where members can go to and return, provides meaningful work, gainful employment, opportunities to develop interpersonal skills, and provides a safe and supportive environment that fosters competencies needed for successful community integration.

Hale o Honolulu

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Program Hours:

Monday through Friday

7:30 a.m. to 4:00 p.m.

Social Recreation:

Tuesdays, Fridays, and 1 weekend a month

Some Clubhouse Members say...

*"I come to the Clubhouse to make friends
and learn new skills to get a job."*

Shentel,

*"To build my skills and be more self
confident."*

George

*"To get ready for work and socialize with
people."*

Mark



"Ho'opaipai Mākou I Ka Ola
Pono I Nā Mea A Pau."

"To promote wellness in every
aspect of our lives."
(English translation)



Hale o Honolulu is a program of the
Oahu Community Mental Health Center,
Department of Health, State of Hawaii

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